



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

February 11th

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you are all having a nice weekend. As February vacation approaches, we would like to remind families that there *is school* on Monday, February 19th (Presidents' Day), but there is *no school* on Friday, February 23rd due to a Staff Professional Development day.

Student Council Food Drive - SRMS Student Council is sponsoring a food drive to help support End 68 Hours of Hunger now through February 16th. Students can drop non-perishable items off in their period 1 class.

Middle School Spring Drama Production - Any students interested in participating in the spring Drama Club production of "Young Sherlock Holmes and the Mystery at Miss Potter's School" are encouraged to sign up. The sign up sheet is posted outside of Ms. Woulfe's classroom (Room 215). All students are encouraged to join the Drama Club and be a part of a highly entertaining plot that involves a kidnapping, the Queen, the evil Professor Moriarty, the Piccadilly Fair, and a cast of familiar characters. ***Auditions will be held after school until Late Bus on Thursday, February 15th.*** Students will receive a rehearsal schedule when they sign up, in order to be able to make a decision as to whether or not they can make the commitment. Mrs. Misenheimer and Ms. Woulfe look forward to seeing you at auditions!



Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Any parent/guardian interested in playing in the game can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing concessions and raffle tickets, or consider helping our Boosters by volunteering before, during or after the game.



**Click Here for Parent/Guardian
Sign Up for the Parents/Staff vs.
Students Basketball Game**

Have a great week!

Matthew Malila

Jay Trafton

SRMS Principal

SRMS Assistant Principal



Cereal Box Challenge!

February is Random Acts of Kindness Month and a perfect time to practice giving back! This year we are collecting boxes of cereal to be donated to the community. The boxes will be set up like dominos through the school, illustrating how we all impact each other!

Boxes can be dropped off in the SRMS guidance offices now through Feb 13, with the demonstration on Feb 14th!

Check out a video of the challenge at the link below to get inspired!

[Click Here for Link to Video](#)

A Message From School Counseling

Responsibility Prepares Teens for the Future

Your teenage students are getting ready for the role of a lifetime, adulthood! They are training for it every day, and will use the skills of self-management, self-awareness, and resilience to achieve and overcome obstacles. Learning more about themselves and taking more responsibility for themselves now will go a long way toward their preparedness for adulthood later.

Promote responsible choices and preparedness now by tasking them to:

- Use a calendar to manage their time, view deadlines and plan their social and school responsibilities.
- Take part in scheduling appointments and seek information. Practicing the use of email and phone calls for anything from the hair or nail salon to the dentist and movie theater will go a long way to build up their social skills.
- Set a budget for them to stick to. Teens need practice with their spending habits. A budget helps them pay attention to their spending and see the value of items in real life. They also can learn the value of savings, and the reward of putting off purchases.
- Staying current in local, national and world news events. Learning about and awareness of the issues people, nations and leaders deal with helps teens see the connection to their history lessons and other ideas and realities. A general knowledge of the world around them may keep them interested and curious.

As your teen matures, adjust their responsibilities. Keep an eye out for new tasks or roles for them and help them if they struggle. This isn't about sink or swim", as much as it is a reality check, and an opportunity to grow their skills!

End 68 Hours of Hunger

Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*

If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.

If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net

Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up



A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

Curious what we do? Check out our [2023 Year in Review!](#)

February is Healthy Relationship Month!

Visit: www.loveisrespect.org

Healthy	Unhealthy	Abusive
<p>A healthy relationship means both you and your partner are:</p> <ul style="list-style-type: none">• Communicating• Respectful• Trusting• Honest• Equal• Enjoying personal time away from each other• Making mutual choices• Economic/financial partners	<p>You may be in an unhealthy relationship if your partner is:</p> <ul style="list-style-type: none">• Not communicating• Disrespectful• Not trusting• Dishonest• Trying to take control• Only spending time together• Pressured into activities• Unequal economically	<p>Abuse is occurring in a relationship when one partner is:</p> <ul style="list-style-type: none">• Communicating in a hurtful or threatening way• Mistreating• Accusing the other of cheating when it's untrue• Denying their actions are abusive• Controlling• Isolating their partner from others

[Haven 24-Hour Confidential Support: 1-603-994-7233](#)

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit sorocknh.org, drugfreeh.org or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. [Take the 2023-2024 survey here!](#)

Attention Boosters/PTA/PTO and other parent or community/civic groups. SoRock wants to talk with you!

We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

[Learn more about Suicide Risk factors, protective factors, and warning signs](#)

Need Help Now? Dial **988** or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)
Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)
Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do?
Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235



Daniel J. Bakie Elementary School

APPLICATIONS ARE NOW BEING ACCEPTED FOR SANBORN REGIONAL INTEGRATED PRESCHOOL PROGRAM 2024-2025

The Sanborn Regional *Integrated* Preschool Program is accepting applications for the 2024-2025 school year for the three and four-year-old preschool programs. Both preschool programs are located at the D.J.Bakie Elementary School in Kingston, NH. All students must be residents of either Kingston or Newton, N.H. to attend.

The three-year-old program is held Mondays through Thursdays from 8:30-11:00 AM. Eligible children must be three years old by September 30, 2024.

The four-year-old program is held Mondays through Thursdays from 12:00-3:00 PM. Eligible children must be four years old by September 30, 2024. Please note that there are limited openings in the four-year-old program.

Tuition for the three-year program is \$165 per month and the four-year-old program is \$200 per month. A tuition agreement form must be completed and returned to participate in the program. Enrollment is limited, and the deadline for applying is **Wednesday, February 28, 2024**.

All applicants must participate in a developmental screening process. Please note that this is not a Child Find. You may call to schedule a Child Check Appointment if you are questioning a possible educational issue. For more information please email Linda Tarushka at ltarushka@sau17.net. You may also call the school at 603-642-5272.

To register your child for the lottery, please go to our school website at sau17.org/3/home and click on the Preschool Lottery link.

Technology Fun Night - CLIX

Friday, February 16, 2024

6:00 PM – 8:00PM

Place: Seacoast School of Technology
Who: Grade 5 – 9 students

Cost: Voluntary donation of 3 cans of food for local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

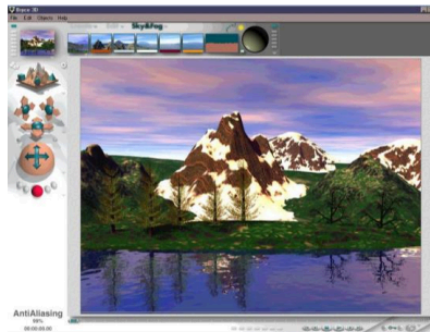
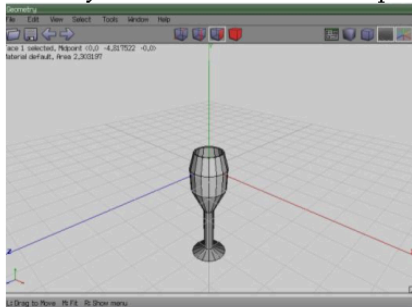
Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

How to sign up:

Register online @ <https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b>.

Registration opens 8 AM on Tuesday, January 16, 2024. Registration deadline is February 15, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about 3D modeling with Wings 3D and 3D scene layout with Bryce 3D. There will be door prizes.



Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 – for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornyouthsoccer@gmail.com



Sanborn Baseball and Softball Association

Registration is Open All levels

Baseball:

T-Ball Ages 4-6 years old
Rookies ages 6 and 7
Minors ages 8 and 9
Majors ages 10 till 12
Babe Ruth Ages 13-18

Softball U8

Softball U10
Softball U12
Softball U14
Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help?
Email us at:
sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District